



A Message from Sr. Lisa ...

I stumbled upon a Lenten reflection from one of my favorite authors, Joyce Rupp, and thought I would share a portion of it as we continue our Lenten journey.

"Clothe yourself with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other ... Above all, clothe yourselves with love, which binds everything together in perfect harmony." — Colossians 3:12-14

Jesus' life and ministry were constantly clothed with love.

When our spiritual clothes are soiled with negativity and neglect, may we have the desire and energy to clean them. When our spiritual clothes droop, sag, and do not fit, may we have the wisdom and determination to let our words and actions fit our values and beliefs. When our spiritual clothes need changing, may we have the ability to make good decisions and the courage to follow through with the necessary changes. When our spiritual clothes are torn and need mending, may we make amends and be open to forgiveness and reconciliation. When our spiritual clothes are not accepted by others, may we have the self-affirmation to be our true selves and not give in to the demands of others. When our spiritual clothes become thin and frayed, may we strengthen them with a garment of loving-kindness.

May we all Jesus, to transform all we are and all we do into the kind of love that permeates His presence. May He clothe us with His love and grant us the grace to be truly kind and caring. May our spiritual clothes be spun from the gold of His goodness and last into eternity.

(Spiritual Reflections, March 5, 2010, paraphrased)

Peace on the Journey.
Sr. Lisa


SWOY Girls Take the Trophy



Lady Panthers bring home the Silver at the CAC Tournament! Congratulations Lady Panthers!

<i>Emily Abramaitys</i>	<i>Maggie Butters</i>
<i>Lucia Davids</i>	<i>Krystal Finch</i>
<i>Christi Manandic</i>	<i>Carolina Raimund</i>
<i>Sophia Ramsel</i>	<i>Juliana Salcedo</i>
<i>Erin Stout</i>	<i>Anna Harter</i>
<i>Madeline Jones</i>	<i>Asst. Coach Joseph</i>
	<i>Coach Finch</i>

From Mrs. Keenan's Desk.....

Registration has now begun for the 2010-2011 school year. Registration forms and the new tuition schedule can be found and downloaded from  page of Edline. Please remember that anyone going into Kindergarten needs a school physical form filled out and returned to the school before the start of the school year. Anyone going into the 6th grade must have an updated immunization record, and pre-school children must have an immunization record and physical form on file with the school. All families planning on returning to the school next year need to fill out new registration forms; however, we do not need new copies of any of the certificates if they are already on file. Thank you, and if there are any questions, please feel free to contact me in the office, 540-659-5207.

**As a reminder, if your child is going to be absent, please contact the office at 659-5207.
Mrs. Keenan

School PTO.....

Old World Auction



The Auction begins at 6:30 pm on Saturday, **6 March**. Dinner will be served at 7:00 pm. Please plan on arriving no later than 6:50 pm. Credit and debit cards (VISA, MasterCard and Discover) will be accepted at the Auction as payment for all Auction items as well as for the Cash Bar. Cash and checks will also be accepted. Thank you for your support and we'll see you at the Auction!

The **Annual Saint Patrick's Day Celebration** is scheduled for Saturday, **13 March** from 6:00pm – 9:00pm. There will be food “Corned Beef and Soda Bread”, live music, and prizes! Adult Tickets – 10.00, Youth Tickets – 5.00. Ticket sales will occur after morning masses Sunday, March 7th. You may also purchase tickets in the office or contact Ron Cox or Shay Martello. Volunteers are needed for Friday evening, **12 March** to help with set-up and during the event to prepare plates. Both Adult and youth volunteers are needed. (This is a great event to receive “service hours”). If you are interested in buying tickets or helping out with this event, please contact: Ron Cox, 540-840-6127 or trayletha@hughes.net or Shay Martello (540) 720-3392 or shay.martello@commeng.com



Fundraiser for Tuition Assistance



Many families within our community struggle with the decision to send their children to SWOY due to financial necessity. The SWOY PTO is aiding families in overcoming this obstacle by raising funds for tuition assistance. The most recent fundraising event, the Flapjack Fundraiser served raise money by serving 75 dinners. To date, SWOY PTO has raised \$481 towards this cause. Many of the helping hands that made this event so successful, to include the many of SWOY students and youths within the community. A special thank you to Applebee's and these volunteers: Teri Hein, Beth Jones, Justine Jones, Stacy Melancon, Frank Martello, Lisa and Rod Morrison, Marguerite Thompson and Diane Zeltins. Look for more information on tuition assistance fundraiser in the near future.

School News....

Virtue of the Month: Generosity

K-VICTORIA LYNCH

1ST-JACKSON SPARKS

2ND-FELICITY HEIN

3RD-BEN AGUILAR

4TH-NICK MARTELLO

5TH-JANISE BECKHAM

6TH-CARL JONES

7TH-TAYLOR DEMONTI

8TH-MADELINE JONES

Diocesan Spelling Bee

The Diocesan Spelling Bee will be held on Saturday, March 6, beginning 9:30 a.m., at St. Thomas More Cathedral School in Arlington (www.stmschool.org).

The address is 105 N. Thomas Street, Arlington VA 22203. All are invited to come out and cheer on our Panther Spelling Bee winner, **Lucia Davids** and her alternate **Nate Beckham**. **GO PANTHERS!**

Easter Egg Hunt



The parish Easter Egg Hunt is on Easter Sunday at 3:45 pm in the school field. For each child who plans to participate, please provide 12 plastic eggs filled with wrapped candy, stickers, or small toys. Filled eggs must be dropped off by April 1. A box will be located in the church lobby and in the Rel. Ed. office. For more info, or to help with this event, contact youthgroup@swoycc.org or 659-5705 ext. 31.



Operation Rice Bowl

Operation Rice Bowl begins this week. This Lenten season, Catholic Relief Services invites us to pray together, fast in solidarity with those who hunger, and give sacrificial contributions to those in need. Please return your cartons with your monetary contributions after Lent.



Can Goods Delivery

SWOY will be collecting can goods to feed the needy in our community. The drop off location for the Can Goods is in front of the school during morning carpool. The next drive is scheduled for **26 March 2010**. For more information, please contact Shay Martello by phone at 703-927-9614 or by email at shay.martello@commeng.com