



Panther Paws



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A Message from Sr. Lisa ...

I came across this passage and thought I would share it with all of you:

"There is one point on which philosophers in every age agree: True happiness stems from a quality within ourselves, from a way of thinking of life. Of all the millions of words written on happiness, this is the oldest and most enduring truth. If the principles of contentment are not within us, no material success, no pleasures or possessions, can make us happy."
- Lillian Eichler Watson "Light From Many Lamps"

Peace on the Journey.
Sr. Lisa

Decades Dance ...

The SWOY Decades Dance is scheduled for 30 January 2010 from 6-9 pm in the school gymnasium. This dance is fun for the whole family as we dress in attire from our favorite decade! The night will have a great DJ, cool prizes, and be filled with fun line dances! Please bring in an appetizer to share with fellow Decades dances! If you would like to help set up or more information on this event, call Anita Burke or email her at 540-538-5820 or

Trad_Const@msn.com.



Thank You!

The Volunteer Coordinator, Justine Jones, would like to send out a heartfelt "Thank You" to the following volunteer bakers who made the last box top bake sale a success. All the children enjoyed the wonderful treats.

**Kathy Connor
Patricia Davids
Kiley Donaldson
Pam Garrison
Erin Harter
Tracy Hawkins
Karen Houser
Beth Jones
Justine Jones
Shay Martello
Lori Meade
Stacy Melancon
Katie Moloko
Kathy Walker**

The next SWOY baking event will be a Cross Cake Raffle during Holy Week. One entry can win you an Easter cake! Look for this event on Mardi Gras. Children may dress down in Mardi Gras colors (Gold, Green and Purple) for just five boxtops! The goal is to accrue as many boxtops as possible for the 28 February 2010 deadline. As always, thank you for your support!

From Mrs. Keenan's Desk.....



--Please make sure children dress warm to include hats and gloves. If you have any questions, please call the front office at 540-659-5207.

--Log onto Edline to view upcoming events.

School PTO.....

Old World Auction



The 2nd Annual Dinner Auction will be held on Saturday, **6 February 2010** from 6:30 to 10:30 pm in the SWOY gymnasium. Admission tickets include bid number, hors d'oeuvres, full dinner catered by La Rosetta Ristorante, and one free drink ticket for the cash bar. Live entertainment, including "Two for the Road". Tickets are \$35 per person (ages 18 and older only). Credit cards will be accepted. This fundraiser is for capital improvements within the school.

A limited number of tickets are available through 31 January 10. Pick up your ticket order form at any of these locations: School Office, Parish Office, RE Office, or on line via your Edline account.

The Auction Committee is also in need of a few items: Left over ribbon, cello wrap to wrap auction baskets. Also, if you can loan the committee a banquet table or a heating pad, please contact Lisa Morrison, r_morrison7@comcast.net or via phone at 540-720-9784.

Teacher's Appreciation....

The Teacher's Appreciation luncheon will be held on Wednesday, 3 February, from 11:45-1 pm. The PTO will sponsor the luncheon consisting of soup, salad, tea sandwiches, and desserts.

If you would like to donate a dozen hot or cold appetizers, tea sandwiches or desserts to round out our menu, please contact Justine Jones at joneschool@comcast.net or Stacy Melancon at stacymelancon@comcast.net. Also, parent volunteers are needed to watch the classrooms during the luncheon. You are allowed to bring younger siblings to help out in the classroom.

If you would like to volunteer, please contact Justine at 540-657-8375 or via the email listed earlier. Thank you to those parents who have already volunteered so promptly! It is much appreciated and it will really help make this day special for our wonderful teachers.

Sports....



The Panther's Sports Schedule for this year is listed below. Come out and support our teams! Go PANTHERS!

Varsity Girl's Basketball			
Day	Date	Time	Opponent
Tuesday	12/8/2009	5 PM	Holy Cross Academy
Tuesday	12/15/2009	5 PM	@ St. Patrick's
Thursday	1/7/2010	5 PM	St. Patrick's
Saturday	1/9/2010	8 AM	Aquinas
Thursday	1/14/2010	6 PM	@ Holy Cross Academy
Thursday	1/21/2010	5 PM	Holy Family
Tuesday	1/26/2010	5 PM	@ Linton Hall
Tuesday	2/2/2010	5 PM	@ Holy Family
Thursday	2/4/2010	5 PM	Holy Cross Academy

Tournament Dates - TBD

Varsity Boy's Basketball			
Day	Date	Time	Opponent
Tuesday	12/8/2009	6:15 PM	Holy Cross Academy
Tuesday	12/15/2009	6:15 PM	@ St. Patrick's
Thursday	1/7/2010	6:15 PM	St. Patrick's
Saturday	1/9/2010	10 AM	Aquinas
Thursday	1/14/2010	7:15 PM	@ Holy Cross Academy
Tuesday	1/19/2010	6:15 PM	Grace Prep
Thursday	1/21/2010	6:15 PM	Holy Family
Tuesday	1/26/2010	6:15 PM	@ Linton Hall
Tuesday	2/2/2010	6:15 PM	@ Holy Family
Thursday	2/4/2010	6:15 PM	Holy Cross Academy

Tournament Dates - TBD

Junior Varsity Boy's Basketball			
Day	Date	Time	Opponent
Wednesday	12/9/2009	4:30 PM	Holy Cross Academy
Wednesday	1/6/2010	4 PM	@ Aquinas
Saturday	1/9/2010	12 PM	Aquinas
Wednesday	1/13/2010	5:30 PM	@ Holy Cross Academy
Wednesday	1/20/2010	4 PM	@ Holy Family
Monday	1/25/2010	4 PM	St. Patrick's
Monday	2/1/2010	4 PM	Linton Hall



Can Goods Delivery

SWOY will be collecting can goods to feed the needy in our community. The drop off location for the Can Goods is in front of the school during morning carpool. The next drive is scheduled for 29 January 2010. For more information, please contact Shay Martello by phone at 703-927-9614 or by email at shay.martello@commeng.com

Upcoming Events.....

- 28 Jan 10-Birthday Dress Down
- 28 Jan 10-No Tutoring
- 6 Feb 10-Old World Auction
- 12 Feb 10-Half Day/Market Day orders due!
- 15 Feb 10-No School-Presidents Day
- 16 Feb 10-Box Tops (5) Dress Down
- 17 Feb 10-Ash Wednesday
- 25 Feb 10 No Tutoring